

Spring Issue #2

Wmovers Spring

Wmovers Community
Creativity Spirituality
Training Opportunity
Donations...Me...You...Us



This News-let-her is Featuring

Know How -p4
Training guide -p7
Arts -p11
Idle No More -p13
Tarot Reading -p16

Summary

Editorial p.3

Arts p.13

KNOW HOW p.4

SecWepemec p.14

garden-0'- p.5

Idle no More p.15

Wmovers New Fleet p.6

Tarot p.16

Training Guide p.7

Good Reading ☺

LOO queen for W & T p.8

Contributor/donations p.9-10



WMovers VS. Spring

AAHhh Ohla; SPRING We meet AGAIN!!!!



Spring season is HERE!!!! That brings us to new starts, fresh beginnings, cleaning up and clearing up our winter wonderlands and splash that fresh, crisp spring river water on our face and get out there into the new world to see what new adventures and new friends that we can meet.

To start we want to give a **BIG Thanks** to all the Women & men that all joined with us to help get WMovers into our 2nd

year. **WOW!!!! Thank You!!!!** What an amazing first year!!! more than **70% of our clientele are Referrals,**

70%; thats absolutely amazing, and we couldn't have gotten those numbers if it was not for the work of many, many Women & men that helped believe in us to experience

the most amazing extraordinary customer service that WMovers provides to our communities.

Whoops hang on a minute the phone is ringing.....Again!!!

Aaaahh Spring we meet again, after our last encounter I seemed unprepared, but yet We Won. This year is a new begining, new toys, new enegery efficient, low impact on our planet equipment, supplies, and techniques. We have a new look in design for our moving, delivery, donations fleet. New look in design for our landscaping, disposal, packing fleet & cleaning supplies. We are working hard to help with physical, mental, emotional, spiritual health & safety. Ensuring our women are knowledgably trained physically & mentally to effectively preform unimaginable tasks with the greatest of ease, safely. Providing assistance with empowering women in an emotional time of need into a strong, powerful alliance with themselves & WMovers. Working together with many communities to remind us of our spiritual indiviualism. To help protect our mother earth, grandmothers, mothers, children and sons with preservations, natural medicines, gardening, and our communities.

This last Winter, we are proud to join together with new friends, such as the wonderful people of Coquitlam and Langley Maple Leaf Storages; Mavis McMullen Housing Society; Durrant Housing; BC Senior Services Society; AIDS Society of Vancouver; Vancouver Women Helath Collective and The Purple Thistle.

We also want to thank the ongoing locally owned business friends and community centers that we are working with currently to help to lower the impact on the planet with more environmental products and support.

Thank you for all the donations that were dontated by the public that have helped out resource centers and many families in crisis and starting off fresh again. Giving new hope and empowering women to continue to work in their communities each day.

Well, I am going to wrap this up for now, *that phone just won't stop ringing.....* but keep up to date on social medias, womenmoveher@gmail.com, www.wmovers.com, on linkedin.ca and facebook.com, as well as within local community spaces and event. I am just dying to share with you all the new ways WMovers is:

Gonna Move Ya!!!